



PROCLAMATION

GENWELL WEEKEND

WHEREAS, GenWell Weekend, taking place September 18-20, 2026, is a national campaign led by GenWell, Canada's Human Connection Movement, that encourages Canadians to make meaningful human connection a priority in their daily lives; and

WHEREAS, GenWell is dedicated to improving the social health of Canadians by raising awareness of the important role human connection plays in supporting mental, physical, emotional, and social well-being; and

WHEREAS, GenWell Weekend provides people with the permission, motivation, and an opportunity to intentionally connect with family, friends, neighbours, colleagues, and members of their community through meaningful, everyday interactions; and

WHEREAS, these acts of connection can be as simple as inviting someone for coffee, organizing a walk or community gathering, reconnecting with someone you have not seen in a while, introducing yourself to a neighbour, or participating in a local event that brings people together; and

WHEREAS, the City of Fort Saskatchewan values initiatives that foster belonging, strengthen relationships, encourage community engagement, and help create a healthier, happier, and more connected community for all residents;

NOW, THEREFORE, I, Lisa Makin, Mayor of the City of Fort Saskatchewan, do hereby proclaim September 18-20, 2026, as GenWell Weekend in the City of Fort Saskatchewan and encourage all residents to participate by making meaningful connections with those around them.

Mayor Lisa Makin

September 15, 2026