

DROP-IN

Schedules

*Spring &
Summer*

2026



CITY OF
FORT SASKATCHEWAN



fortsask.ca/GoLeisure



Summer Drop-In Pool Schedule

Swim Schedule June 29 - August 30

Children under the age of 8 must be accompanied into the water, staying within arm's reach of a responsible person 14 years of age or older. fortsask.ca/Swim



ACTIVITY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Reception Desk	1:00 - 9:00 pm	6:00 am - 10:00 pm	6:00 am - 10:00 pm	6:00 am - 10:00 pm	6:00 am - 10:00 pm	6:00 am - 9:00 pm	1:00 - 7:00 pm
Public Swim	1:00 - 8:00 pm	1:00 - 3:00 pm 6:30 - 9:00 pm	1:00 - 3:00 pm 6:30 - 9:00 pm	1:00 - 3:00 pm 6:30 - 9:00 pm	1:00 - 3:00 pm 6:30 - 9:00 pm	1:00 - 4:00 pm 6:30 - 9:00 pm	1:00 - 7:00 pm
Lane Swim *3 lanes only 7:00 - 8:30 am Tuesday / Thursday	8:00 - 9:00 pm	6:00 - 9:00 am 12:00 - 1:00 pm 9:00 - 10:00 pm	6:00 - 9:00 am* 12:00 - 1:00 pm 9:00 - 10:00 pm	6:00 - 9:00 am 12:00 - 1:00 pm 9:00 - 10:00 pm	6:00 - 9:00 am* 12:00 - 1:00 pm 9:00 - 10:00 pm	6:00 - 9:00 am 12:00 - 1:00 pm	
Aquasize **Deep Water Class		6:30 - 7:30 am 12:00 - 1:00 pm 9:00 - 10:00 pm**	12:00 - 1:00 pm 9:00 - 10:00 pm	6:30 - 7:30 am 12:00 - 1:00 pm 9:00 - 10:00 pm**	12:00 - 1:00 pm 9:00 - 10:00 pm	6:30 - 7:30 am 12:00 - 1:00 pm	

CLOSED July 1 & July 18 for Piranhas Swim Meet | STAT Public Swim 1:30 - 4:30 pm August 3

EVENT	DATE & TIME	SPONSOR
Wild West Day Public Swim	July 3, 1:00 - 4:00 pm	Majestic Chapter #126 Grand Chapter of Alberta - Order of Easter Star
Obstacle Course Day Public Swim	July 10, 1:00 - 4:00 pm	City Law Offices
Fairy Tale Day Public Swim	July 17, 1:00 - 4:00 pm	Cameron Dental
Water Safety Day Public Swim	July 24, 1:00 - 4:00 pm	MEGlobal Canada ULC
Circus Day Public Swim	July 31, 1:00 - 4:00 pm	Robertson's Plumbing & Gasfitting
Shark Week Day Public Swim	August 7, 1:00 - 4:00 pm	MEGlobal Canada ULC
Art Attack Day Public Swim	August 14, 1:00 - 4:00 pm	Mira Pottery Studio
Rainforest Day Public Swim	August 21, 1:00 - 4:00 pm	Vivid Vision
Back to School Bash Loonie Swim	August 28, 1:00 - 4:00 pm	CUPE Local 30

To become a sponsor, contact us at 780-992-6162 for more information.



Regular admission applies. Schedule and fees are subject to change without notice.

Flip for schedule and events.

Age Guidelines Dow Centennial Centre

Nutrien Soccerfield, ATCO Gymnasium & Connect Hearing Peek-Caboose Station

Children seven years and younger must be accompanied by a responsible person 14 years of age or older.

Apple Fitness Centre & ATB Wellness Studio

Full Access

Ages 15 years and older allowed without Adult supervision.

12 - 14 years must be accompanied and be under direct supervision of an adult.

12 - 14 years old who completed ONE & DONE allowed without adult supervision. (see page 13).

12 - 14 years old that have not completed ONE & DONE must be accompanied and be within arms reach of an adult.

NO ACCESS for 11 years and younger.

Umicore Track

Children seven years and younger must be accompanied by a responsible person 14 years of age or older and be within arms reach.

Fitness Classes

Ages 15 years and older allowed without Adult supervision.

12 - 14 years old who completed ONE & DONE allowed without adult supervision.

12 - 14 years old that have not completed ONE & DONE must be accompanied and be within arms reach of an adult.

NO ACCESS for 11 years and younger, exception for Youth & Family Specific classes.

Skating

Preschool Puck and Play – Seven years & Younger

Children seven years and under must be actively supervised by a responsible person 14 years of age or older; may be on the ice or in the player's box for supervision. An opportunity for unstructured play/skill development with pucks. Designed to enable families the opportunity to work on passing, puck control, and skating.

Stick and Puck – Eight years & Older

An opportunity for unstructured play/skill development with pucks. CSA approved hockey helmet required. Hockey/ringette sticks & pucks/rings are permitted.

Family Skills & Drills – 14 years & Under

Family Skills & Drills is open to the entire family, with children 14 years and under. Children seven years and younger must be accompanied on the ice by a responsible person 14 years of age or older. Designed to enable families the opportunity to work on passing, puck control, and skating. Organized shinny games or coaching are NOT allowed.

Child Shinny – 8 - 12 years | Youth Shinny 13 - 17 years | Adult Shinny 18 years & Older

Shinny is an informal, non-contact type of hockey played on ice. There are no formal rules or specific positions. All players in attendance agree to the shinny and facility guidelines.

All players must be able to participate at the appropriate level of play. Players can adjust their play or come at a different time. Body checking and slap shots are not allowed.

All Participants MUST be fair to one another and allow everyone equal playing time.

Full equipment is required, including hockey pants, a support cup, hockey gloves, shin/elbow/shoulder pads, an ice hockey stick, and a CSA-approved hockey helmet.

Public Skate

A CSA-approved hockey helmet is required. Bike helmets are not allowed. Sticks and pucks are not allowed on the ice during Public Skate.

Spontaneous Use – All ages

An opportunity for unstructured skating/skill development with optional sticks and pucks permitted. CSA approved hockey helmet required. NO Shinny Games permitted.

Summer Drop-in Fitness Classes

Dow Centennial Centre fortsask.ca/Drop-ins

Effective July 2 - August 31

No Drop-in Classes on Stat Holidays: Jul 1, Aug 4

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
	Silver Strong NUTRIEN Soccer Field 9:00 - 9:45 am	Tabata ATCO Gymnasium 9:00 - 9:45 am	Silver Strong NUTRIEN Soccer Field 9:00 - 9:45 am	Pure Strength ATCO Gymnasium 9:00 - 9:45 am	Silver Strong NUTRIEN Soccer Field 9:00 - 9:45 am Omit July 17	HIIT It Hard ATCO Gymnasium 8:30 - 9:15 am Omit July 18
	Circuit ATCO Gymnasium 9:00 - 9:45 am Omit Aug 10	Circuit ATCO Gymnasium 6:00 - 6:45 pm	Circuit ATCO Gymnasium 9:00 - 9:45 am	HIIT It Hard NUTRIEN Soccer Field 9:00 - 9:45 am	Pure Strength ATCO Gymnasium 9:00 - 9:45 am	
	Pure Strength ATCO Gymnasium 6:00 - 6:45 pm		Pure Strength ATCO Gymnasium 6:00 - 6:45 pm	Sit Fit For Health ATCO Gymnasium/ NUTRIEN Soccer Field 10:00 - 10:45 am	Stretch It Out AUX Sable Flexhall 10:00 - 10:45 am	

Schedule is subject to change without notice. Refer to the Age Guidelines for facility access rules.

 **for class descriptions.**

Circuit

Cycle through various exercises and stations to challenge your entire body.

Hiit it Hard

High-intensity interval training designed to make you sweat and boost fitness.

Pure Strength

Build muscle with this strength-focused class—no cardio included.

Silver Strong

Improve strength, balance, and flexibility with this total body workout for active agers.

Sit Fit for Health

Functional strength and stretch movements while seated or chair-assisted for all fitness levels.

Spin & Tone

Challenge your mind and body with a combination of cycling and strength-conditioning moves.

Stretch it Out

Improve flexibility, circulation, and posture with this full-body stretch class.

Tabata

Achieve maximum benefits in minimal time with this total-body workout featuring short intervals.

Yoga

Balance your training with this practice intended to bring awareness and bliss to both mind and body.

Spring & Summer Drop-in Sports

Dow Centennial Centre

Effective April 1 - August 31

Children seven years and younger must be accompanied by a responsible person 14 years of age or older.

STAT Holiday Schedule in effect Apr 3, 6, May 18, Jul 1, Aug 3 - call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
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updated schedule.



ACTIVITY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Badminton	Full Gym 4:00 - 5:00 pm <i>Omit Jul 19</i>	Gym B 3:30 - 5:00 pm <i>Omit Aug 10, 17</i>		Gym B 2:00 - 3:30 pm <i>Omit Aug 12, 19</i> 7:00 - 8:00 pm <i>Omit Aug 5</i>		Gym B 3:30 - 5:00 pm <i>Omit Jul 17, Aug 14</i>	Gym B 11:00 am - 12:30 pm <i>Omit Apr 18, 25, Jun 13, Jul 18</i>
Basketball	Gym A 12:00 - 3:45 pm <i>Omit May 31, Jul 19</i>	Gym A 8:00 - 10:00 pm	Gym A 3:30 - 5:00 pm <i>Omit Aug 11</i>	Gym A 2:00 - 5:30 pm <i>Omit Aug 12, 19</i> 8:00 - 10:00 pm	Gym A 3:30 - 5:00 pm <i>Omit Jul 16</i> 8:00 - 10:00 pm	Gym A 3:30 - 5:00 pm <i>Omit Aug 14</i>	Gym A 5:00 - 7:00 pm 10:00 am - 7:00 pm <i>Omit Jul 18</i>
Pickleball	Gym B 8:30 - 10:30 am Full Gym 5:30 - 7:30 pm <i>Omit Jul 19</i>	Full Gym 1:00 - 3:00 pm <i>Omit Aug 17</i> Gym B 8:00 - 10:00 pm (all levels)					

Schedule is subject to change without notice.

Flip for more drop-in sports.

Continued

Spring & Summer Drop-in Sports

Dow Centennial Centre

Effective April 1 - August 31

Children seven years and younger must be accompanied by a responsible person 14 years of age or older.

STAT Holiday Schedule in effect Apr 3, 6, May 18, Jul 1, Aug 3 - call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

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Membership Pass rates apply.
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ACTIVITY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Volleyball	Gym B 11:00 - 1:00 pm <i>Omit Apr 19, Jul 19</i>		Gym B 7:00 - 8:00 pm <i>Omit Jul 7, Aug 4</i>	Gym B 4:00 - 5:30 pm <i>Omit Aug 12</i>	Gym B 3:30 - 4:30 pm <i>Omit Aug 19</i>		Gym B 12:45 - 1:45 pm <i>Omit Apr 18, 25, Jun 13, Jul 18</i>
Spontaneous Use	Gym B 1:30 - 3:30 pm <i>Omit Jul 19</i>	Gym A 3:30 - 5:30 pm	Gym B 3:00 - 4:30 pm <i>Omit Aug 11</i>	Soccer A 2:00 - 4:30 pm			Gym A 1:00 - 3:00 pm <i>Omit Apr 18, 25, Jun 13, Jul 18</i>
Soccer			Full Soccer 3:00 - 4:30 pm		Full Soccer 3:00 - 4:30 pm <i>Omit Jul 16</i>		
Kinder Time (ages 3 - 5 years)			Gym A 10:00 - 11:30 am <i>Omit Aug 11, 18</i>			Gym A 10:30 am - 12:00 pm <i>Omit Aug 14, 21</i>	
Tot Time (ages 3 & under)		Flexhall 8:30 am - 1:00 pm <i>Omit Apr 6, May 18, Aug 3</i>		Flexhall 8:30 - 11:30 am <i>Omit May 13, 20</i>			Flexhall 9:00 - 12:00 pm <i>Omit Apr 18, Jun 6, 13</i>

Schedule is subject to change without notice.

Flip for more drop-in sports.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

*Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.*



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE JUN 28 - JUL 4

ACTIVITY	SUNDAY Jun 28	MONDAY Jun 29	TUESDAY Jun 30	WEDNESDAY Jul 1	THURSDAY Jul 2	FRIDAY Jul 3	SATURDAY Jul 4
Child Shinny		4:00 - 5:15 pm			4:00 - 5:15 pm		4:00 - 5:15 pm
Youth Shinny			4:00 - 5:15 pm			4:00 - 5:15 pm	
Preschool Puck & Play		10:30 - 11:45 am				10:30 - 11:45 am	
FREE Public Skate	5:00 - 6:00 pm						
Family Skills & Drills							12:00 - 1:15 pm
Spontaneous Ice (no shinny)			10:30 - 11:45 am		10:30 - 11:45 am		10:30 - 11:45 am

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE JUL 5 - 11

ACTIVITY	SUNDAY Jul 5	MONDAY Jul 6	TUESDAY Jul 7	WEDNESDAY Jul 8	THURSDAY Jul 9	FRIDAY Jul 10	SATURDAY Jul 11
Child Shinny		4:00 - 5:15 pm			4:00 - 5:15 pm		
Youth Shinny	4:15 - 5:30 pm		4:00 - 5:15 pm			4:00 - 5:15 pm	
Stick & Puck	12:00 - 1:15 pm			4:00 - 5:15 pm			2:45 - 3:45 pm
Family Skills & Drills							10:30 - 11:30 am
Spontaneous Ice (no shinny)			10:30 - 11:30 am		10:30 - 11:30 am		
FREE Public Skate	5:45 - 6:45 pm						4:00 - 5:15 pm
Preschool Puck & Play	10:30 - 11:45 am	10:30 - 11:30 am		10:30 - 11:30 am		10:30 - 11:30 am	

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE JUL 12 - 18

ACTIVITY	SUNDAY Jul 12	MONDAY Jul 13	TUESDAY Jul 14	WEDNESDAY Jul 15	THURSDAY Jul 16	FRIDAY Jul 17	SATURDAY Jul 18
Preschool Puck and Play	10:30 - 11:30 am	8:45 - 9:45 am		8:45 - 9:45 am		8:45 - 9:45 am	
Child Shinny		4:00 - 5:30 pm			4:00 - 5:00 pm		
Youth Shinny			4:00 - 5:00 pm			4:00 - 5:30 pm	
Stick & Pucks	2:45 - 3:45 pm			4:00 - 5:30 pm			4:00 - 5:15 pm
Family Skills & Drills							2:45 - 3:45 pm
Spontaneous Ice (no shinny)			8:45 - 9:45 am		8:45 - 9:45 am		9:30 - 10:30 am
FREE Public Skate	4:00 - 5:15 pm						

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE JUL 19 - JUL 25

ACTIVITY	SUNDAY Jul 19	MONDAY Jul 20	TUESDAY Jul 21	WEDNESDAY Jul 22	THURSDAY Jul 23	FRIDAY Jul 24	SATURDAY Jul 25
Child Shinny		4:00 - 5:15 pm			4:00 - 5:15 pm		
Youth Shinny			4:00 - 5:15 pm			4:00 - 5:15 pm	
Preschool Puck and Play	9:30 - 10:30 am	10:15 - 11:30 am		10:15 - 11:30 am		10:15 - 11:30 am	10:15 - 11:30 am
Stick & Puck	2:45 - 3:45 pm			4:00 - 5:15 pm			2:30 - 3:45 pm
Family Skills & Drills							4:00 - 5:15 pm
Spontaneous Ice (no shinny)			10:15 - 11:30 am		10:15 - 11:30 am		
FREE Public Skate	4:00 - 5:15 pm						

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE JUL 26 - AUG 1

ACTIVITY	SUNDAY Jul 26	MONDAY Jul 27	TUESDAY Jul 28	WEDNESDAY Jul 29	THURSDAY Jul 30	FRIDAY Jul 31	SATURDAY Aug 1
Child Shinny		3:45 - 4:30 pm			3:45 - 4:30 pm		4:30 - 5:15 pm
Youth Shinny			3:45 - 4:45 pm			3:45 - 4:45 pm	
Preschool Puck & Play	10:15 - 11:30 am	9:45 - 11:00 am		9:45 - 11:00 am		9:45 - 11:00 am	
Stick & Puck	2:00 - 3:15 pm			3:45 - 4:30 pm			3:00 - 4:15 pm
Spontaneous Ice (no shinny)			9:45 - 11:00 am		9:45 - 11:00 am		
FREE Public Skate	3:30 - 4:45 pm						

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE AUG 2 - 8

ACTIVITY	SUNDAY Aug 2	MONDAY Aug 3	TUESDAY Aug 4	WEDNESDAY Aug 5	THURSDAY Aug 6	FRIDAY Aug 7	SATURDAY Aug 8
FREE Public Skating	4:30 - 5:15 pm						
Child Shinny		4:30 - 5:30 pm			3:30 - 4:30 pm		
Youth Shinny	3:00 - 4:15 pm		3:30 - 4:30 pm			9:00 - 9:45 am	
Adult Shinny		12:15 - 1:15 pm					
Stick & Puck		11:15 am - 12:00 pm		3:30 - 4:30 pm			
Spontaneous Ice (no shinny)						6:30 - 7:45 am	12:30 - 1:30 pm
Preschool Puck & Play		10:00 - 11:00 am					

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP & Sportsplex (SPX) Arenas

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

EFFECTIVE AUG 9 - 15

ACTIVITY	SUNDAY Aug 9	MONDAY Aug 10	TUESDAY Aug 11	WEDNESDAY Aug 12	THURSDAY Aug 13	FRIDAY Aug 14	SATURDAY Aug 15
FREE Public Skating	12:30 - 1:30 pm	10:30 - 11:30 am SPX	10:30 - 11:30 am SPX	10:30 - 11:30 am SPX	10:30 - 11:30 am SPX	10:30 - 11:30 am SPX	10:30 - 11:30 am SPX
Child shinny		2:00 - 3:00 pm			2:00 - 3:00 pm		
Youth Shinny			2:00 - 3:00 pm			2:00 - 3:00 pm	
Stick & Puck				2:00 - 3:00 pm			2:00 - 3:00 pm

EFFECTIVE AUG 16 - 22

ACTIVITY	SUNDAY Aug 16	MONDAY Aug 17	TUESDAY Aug 18	WEDNESDAY Aug 19	THURSDAY Aug 20	FRIDAY Aug 21	SATURDAY Aug 22
Child Shinny			9:30 am - 12:00 pm				9:30 am - 12:00 pm
Youth Shinny					9:30 am - 12:00 pm		
Preschool Puck & Play		9:30 - 10:30 am		9:30 - 10:30 am		9:30 - 10:30 am	
Spontaneous Ice (no shinny)		10:45 am - 12:00 pm		10:45 am - 12:00 pm		10:45 am - 12:00 pm	

Daily Admission or
Membership Pass rates apply.
Call 780-992-6400 for
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Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.

Continued

Summer Drop-in Arena Schedule

Dow Centennial Centre Sherritt-CEP Arena

Children seven years and younger must be accompanied by a responsible person 14 years of age or older. Full equipment required for all Shinny. Helmets required for ages 12 and under.

Call 780-992-6400 for updated schedule. Schedule also available online. fortsask.ca/Drop-ins

Daily Admission or
Membership Pass rates apply.
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updated schedule.



Adult Shinny	Ages 18 years & older
Child Shinny	Ages 8 - 12 years
Family Skills & Drills	Ages 14 years & under
Preschool Puck & Play	Ages 7 Years & Under
Public Skate	All Ages
Spontaneous Use	All Ages
Stick & Puck	Ages 8 years & older
Youth Shinny	Ages 13 - 17 years

EFFECTIVE AUG 23 - 29

ACTIVITY	SUNDAY Aug 23	MONDAY Aug 24	TUESDAY Aug 25	WEDNESDAY Aug 26	THURSDAY Aug 27	FRIDAY Aug 28	SATURDAY Aug 29
Child Shinny			10:00 - 11:45 am				
Youth Shinny	9:30 - 11:45 am	11:15 am - 12:00 pm					
Preschool Puck & Play		10:00 - 11:00 am		10:00 - 11:00 am		10:00 - 11:45 am	
Spontaneous Ice (no shinny)					10:00 - 11:45 am		
Adult Shinny		12:15 - 1:30 pm	12:00 - 1:30 pm	12:15 - 1:30 pm	12:00 - 1:30 pm	12:00 - 1:30 pm	
Stick & Puck				11:15 am - 12:00 pm			

Schedule is subject to change without notice. Refer to the facility Age Guidelines for the activity rules and descriptions.