



Infection Prevention and Control (IPAC) Week

Lakelands Public Health

Learn | Engage | Celebrate



What's included in this toolkit:

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1. Getting Started

Welcome to IPAC Week!

IPAC week is a great opportunity to learn, engage your team, and celebrate the important role everyone plays in infection prevention and control.

This toolkit includes simple, ready-to-use activities and resources to help make IPAC Week easy.

You don't have to do everything – choose what works best for your team!

How to Participate

- LEARN
- ENGAGE
- CELEBRATE

2. Planning Your Week

- ✓ Develop a planning committee
- ✓ Share the toolkit with your team
- ✓ Choose activities
- ✓ Print materials you need
- ✓ Choose a date/time
- ✓ Celebrate your teams' efforts

3. Ready-to-Use Activities

Myth or Fact

Test your teams IPAC knowledge!

Complete the activity together during a huddle, or independently at an IPAC week station.

See *Folder B* for the ready-to-print Myth or Fact statements. **Print this activity double-sided** to have the rationale appear on the back of each statement.

Pop Quiz

Use the ready-to-use questions during a huddle or team activity. Divide participants into teams and see who can answer first!

For a more interactive experience, add the questions to platforms such as Mentimeter, Blooket or Kahoot and create some friendly competition. A template to quickly enter the questions into a [Blooket](#) quiz is included in this package.

Consider offering a small prize for the winning team or participant!

See the *Folder C* for the ready-to-print quiz questions.

Pin the Infection

Create a corkboard display with three infections: Influenza, Tuberculosis, and Norovirus. Participants choose the personal protective equipment (PPE) they think is needed and pin it beside the correct infection.

Use real or expired PPE for hands-on activity or print the provided PPE images.

Make it a challenge and have teams race to correctly match all three!

See *Folder D* for the ready-to-print infections and PPE icons.

PPE: Don & Doff

Challenge participants to demonstrate the correct donning and doffing sequence for PPE.

Participants can either physically practice the sequence using PPE or use the provided icons to arrange the steps in the correct order.

See *Folder D* for the ready-to-print PPE icons.

Cleaning & Disinfection Mix & Match

Participants read each scenario and match it to the appropriate cleaning agent or disinfectant.

3 scenarios and 4 products to choose from.

See *Folder E* for ready-to-print scenarios and cleaning agent options.

4. Other Activities

Looking for more activities? Visit [Lakelands Public Health Infection Prevention and Control \(IPAC\) Hub](#) for additional IPAC activity ideas and resources to engage your team.

5. Printable Posters & Signs

 **Station Number Cards** – Clearly identify each activity station.

 **PACport** – Participants can check off or obtain a sticker for each completed station activity.

 **Prize Draw Sign** – Display at your prize draw station to encourage participation.

See *Folder F* for printable posters and signs.

6. IPAC Week Recognition

IPAC Week is a great opportunity to recognize your team and thank them for the important role they play in keeping residents, visitors, and each other safe.

Consider:

 Sending a thank-you message to staff

 Providing a small treat or appreciation item

 Recognizing an IPAC champion or team

 Sharing IPAC Week photos or shoutouts

 Asking staff to share an IPAC win or something they're proud of

7. Ready to-Print Materials

To request the ready-to-use activities and resources, contact your assigned IPAC Hub Specialist or email ipachub@lakelandsph.ca.

Simply print, use, or make it your own!