

Three publicly funded (free) vaccines are offered to grade 7 students. These vaccines have been used for many years. You cannot get the disease from the vaccine. Every dose is monitored for reactions and any reactions are reported through vaccine reporting systems. Please read the information provided in this document before signing the consent form. If you would prefer to receive information about these vaccines by speaking with a nurse call 1-844-575-4567.

	Meningococcal C-ACYW-135	Hepatitis B	Human Papillomavirus
What happens when someone gets the disease?	Some people have meningococcal bacteria in their nose or throat and do not feel sick. These germs can spread when people are very close to each other, such as by kissing, coughing, or sharing food and drinks. Sometimes the germs can cause a very serious illness called meningitis. Meningitis affects the brain and spinal cord. It can make people very sick, and some people may die. People who get better can sometimes have lasting problems, such as damage to their brain.	Hepatitis B is a virus that can spread through blood and other body fluids. It can also stay on things like razors and toothbrushes for up to one week. If someone gets this virus, it can hurt their liver, which is an important part of the body that helps keep us healthy. In some cases, it can cause very serious liver disease or liver cancer.	HPV is a very common virus that can spread when people have close skin-to-skin contact. Both boys and girls can get HPV. Sometimes HPV can cause warts on the body. It can also lead to serious illnesses, including some kinds of cancer, when people are older. Most people will get HPV at some point in their lives if they are not protected by a vaccine.
What are the benefits of the vaccine?	Most children in Ontario got a meningococcal vaccine when they were babies. That vaccine protected them from one type of meningococcal bacteria. The vaccine given in Grade 7 is different. It helps protect 80 to 85 out of 100 people from four types of bacteria that can cause serious meningococcal disease.	If a person gets all the vaccine doses, more than 95 out of 100 people are protected against hepatitis B. For most people, this protection can last 30 years or even longer.	The HPV vaccine helps protect people from some cancers and from genital warts. These cancers can affect parts of the body such as the cervix, vagina, penis, anus, head, and neck. When all vaccine doses are received, the HPV vaccine can prevent about 7 out of 10 cervical cancers, 6 out of 10 serious cell changes that can lead to cervical cancer, and 9 out of 10 cases of genital warts.
Is this vaccine required for school?	Yes. It is REQUIRED under the Immunization of School Pupils Act. Those who choose not to receive this vaccine must contact their local health unit.	Not required, but highly recommended.	Not required, but highly recommended.

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	Meningococcal C-ACYW-135		Hepatitis B		Human papillomavirus	
	Vaccine Contents	Where else can they be found?	Vaccine Contents	Where else can they be found?	Vaccine Contents	Where else can they be found?
What is the vaccine, and where else can these be found?	Parts of meningococcal bacteria	Meningococcal bacteria	Parts of HB virus	Hepatitis B virus	HPV proteins	Human papillomavirus
	Tetanus Toxoids	Other childhood vaccines	Latex (vial stopper depending on brand)	Clothing, gum, glues	Sodium chloride	Human body, salt
	Sodium chloride	Human body, salt	Aluminum	Vegetables, cereal, deodorant	Aluminum	Vegetables, cereal, deodorant
	Sodium acetate	Salt and vinegar chips, processed food	Sodium chloride	Human body, salt	L-histidine	Human body, beans, fish, milk
			Sodium borate	Water, soil	Polysorbate 80	Ice cream, cottage cheese
			Yeast	Human body, bread	Yeast	Human body, bread
			Formaldehyde	Human body, fruits, fish	Sodium borate	Water, soil
			Sodium dyhydrogen phosphate dyhydrate	Processed foods		
			Disodium phosphate dyhydrate	Processed foods		
How many doses are needed?	One dose		Two doses for healthy individuals who are 11 to 15 years old.		Two doses for healthy individuals who are under 15 years of age.	
			Three doses for individuals between 16 to 19 years of age.		Three doses for individuals who start the series at 15 years of age or older.	
			Those who are immunocompromised, on renal dialysis, or who have chronic renal failure may require additional doses.		Those who are immunocompromised or immunocompetent-HIV infected require three doses.	
			Publicly funded until the end of high school.		Publicly funded until the end of high school.	

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What are the side effects for all three vaccines?	Most common: redness, pain and/or swelling at the site (especially during the first 24 hours) To help with common side effects, put a cold pack on the spot where you got the vaccine. If needed, you can also take medicine for pain by following the directions on the package. Less common: tiredness, muscle aches, headache and/or slight fever Very rare and serious: allergic reaction leading to trouble breathing, swelling of the face or mouth, hives * Nurses are trained to treat serious side effects on site.
Who should NOT receive these vaccine(s)?	People who have had a serious allergic reaction to any part of the vaccine should not get it. You can check the vaccine information online or call the health unit for help. If you are very sick, wait until you feel better before getting the vaccine. If you only have a mild illness, like a cold, you can still get the vaccine, even if you have a fever. If your immune system is weak or you take medicine that makes it harder for your body to fight infections (such as steroids), talk to your doctor before getting the vaccine.
How to prepare for the vaccine?	Talk to your child about the vaccine(s) before clinic day. If they are worried about the needle, encourage them to take slow, deep breaths, look away, or bring something that helps them stay calm. The nurse can also help your child feel more comfortable. It is important that your child eats before the clinic. Please pack a lunch and some snacks. The vaccine will be given in the upper arm, so please have your child wear a loose short-sleeved shirt on clinic day. Please be aware that nurses will review the “student health information” section of the consent form with the student the day of the school clinic.
What if the student is absent from school on clinic day?	It is not necessary to book an appointment with your doctor or the health unit right away if the student misses a school clinic day. If the student is in grade 7 and misses one or both clinic days, they will be offered the vaccines in grade 8 when the health unit returns to the school to vaccinate next year's grade 7 cohort. If the student finishes grade 8 without completing a vaccine series (e.g. Hepatitis B), it is recommended that they complete the series at their doctor's office or at the health unit. If you choose to take the student to your doctor for any of the vaccines you have consented for, please call the health unit at 1-844-575-4567 to update your child's immunization record.
Where can I get more information?	➔ Call us at 1-844-575-4567 ➔ Lakelands Public Health Website – LakelandsPH.ca ➔ Visit one of our offices listed below ➔ Immunize Canada – Immunize.ca ➔ Ontario Ministry of Health – Ontario.ca/vaccines ➔ Your health care provider * For clinic dates – speak with the student's school

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