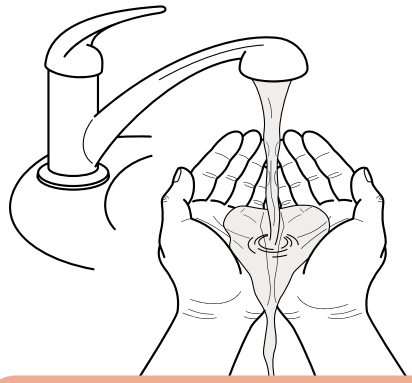
WASH Your Hands

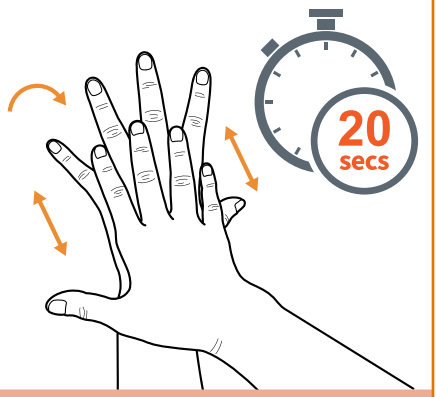




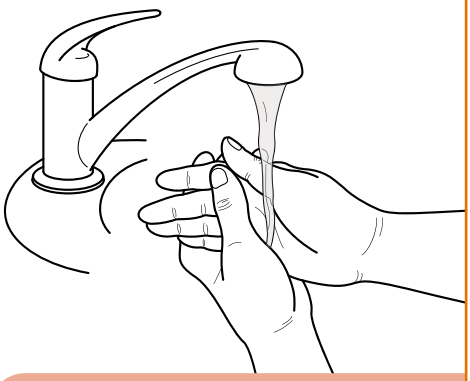
1 Wet hands with warm water



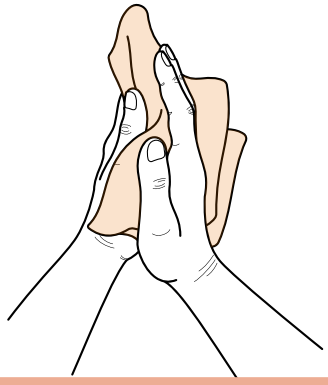
2 Apply soap



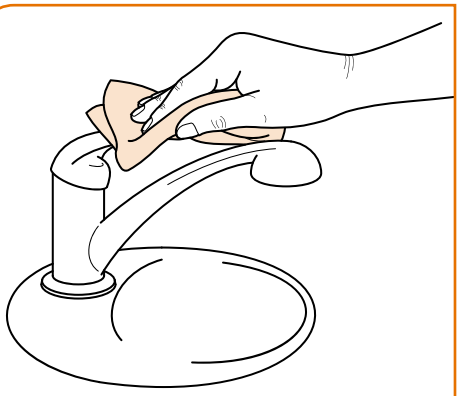
3 Lather for 20 seconds



4 Rinse well under running water



5 Dry hands with paper towel



6 Turn off taps using the paper towel

Always wash your hands

- After using the washroom
- Before preparing food
- After handling raw foods or dirty dishes
- After sneezing, coughing, or blowing your nose.

Huron Perth Public Health

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