Weekly Update

WEEK OF NOVEMBER 9, 2026

Administration

- The Township of Leeds and the Thousand Islands is recruiting residents to serve on Township Committees and Boards for the 2026–2030 term of Council. This is an opportunity to share your perspective, contribute to local decision-making, and help guide programs, services, and initiatives that matter to our community. Interested in getting involved? Learn about available opportunities, eligibility, and how to apply on our website. Recruitment for Committees and Working Groups page: https://www.leeds1000islands.ca/township-government/committees-boards-and-working-groups/recruitment-for-committees-and-boards.

Corporate Services

- The Older Adult Active Living Expo takes place on Tuesday, November 17, from 11 a.m. to 4 p.m. at the Seeley's Bay Community Hall, 151 Main St., Seeley's Bay. Explore up to 30 local businesses, community groups, services, and programs at the vendor booths. The event will feature presenters from United Way about 211, the Ontario Caregivers Association, Nordixx Pole Walking, Toastmasters Lansdowne, and "Why is Everyone so Grumpy" from Aging with Positive Energy. Free admission, light refreshments and snacks. If you haven't registered, don't worry; we will be excited to have you attend. Transportation is available from St. Brendan's Church 8 Front St., Rockport at 10:20 a.m. and the Lansdowne Community Hall, 1 Jessie St., Lansdowne at 10:35 a.m. Enjoy the day meeting folks and organizations offering services to all.

Fire Service

- Fire services responded to 7 emergency incidents this week: 3 fire alarms activations, 1 car fire, 1 medical assistance call and 2 structure fires (1 mutual aid to Gananoque.

Infrastructure and Environmental Services

- Municipal Office exterior repairs 75% complete
- Semi-annual gas detection maintenance and certification completed
- Public Works fire separation door replacements completed

Planning and Development

- Applications are still being accepted for the Community Improvement Plan (CIP). For full details, visit the Township's Community Improvement Plan page on the website.

Recreation

Recreation Updates - Brought to you by TLTI.

For full program details, schedules and registration, visit the Township's website, Recreation and Culture page. Questions? Contact recreation@townshipleeds.on.ca or call 613 659-2415 ext. 246.

- Fit & Fab 1 & Fit & Fab 2 Aerobics class
  - Lansdowne Community Hall. Mondays, Wednesdays & Fridays, Oct. 5 - Dec. 18.
  - Drop-in to try and/or register
- Yoga with Jodi
  - Seeley's Bay Community Hall. Wednesdays
  - Drop-in to join
    - Yoga all levels - 1:00 p.m. Beginner to experienced yogis welcome to join or return!
    - Chair Yoga and Movement class - 2:30 p.m. Expand mobility and stability with this class from the safety of a chair.
- Sewing with Wendy Beginner or Refresher classes
  - Thursdays, Oct. 26 - Nov. 12 in Lansdowne - 3 projects to register for or 6 weeks of learning. Registration requested
- Line Dancing - beginner and experienced welcome
  - Mondays Oct. 19th - Nov., Lansdowne Hall. Registration required

Recreation cont'd

Are you interested in evening fitness classes or an indoor walking group? Let us know what you would like to see. Contact recreation@townshipleeds.on.ca or call 613 659-2415 ext. 246.

Community Recreation Programs in TLTI Spaces
Check out our Community Partner Recreation Page - TLTI Community Partners in Recreation

- Sunday Flow Yoga
  - 9:30 am - Lansdowne Meeting Room - contact Instructor Kim Willis kimorih@hotmail.com
- Girls Inc.
  - "Powerful Me" a partnership with TLTI - Thursdays starting Sept 24th 6:00-7:30pm at Lansdowne Hall - late registrations accepted!
    - Contact Girls Inc at 613-345-3295 or admin@girlsinc-uppercanada.org
- Pole-Walking group - Senior Support Services LLG
  - Registration required; contact Kim Ducharme: 613-342-3693 ext. 2303 kducharme@seniorsupportLLG.ca
- Public Speaking and Communicating | Toastmasters
  - Meet 2nd & 4th Monday, 7 p.m. - 8 p.m.
  - Lansdowne Meeting Room.
  - For info: "Lansdowne Toastmasters Club" on Facebook or lansdownetoastmasters@gmail.com
- Canadian Tai Chi Academy, Lansdowne
  - Tuesdays: Continuing Class or Thursdays: Beginner Class
  - Sign up to try. Ongoing registrations.
  - Contact lansdowne@canadiantaichiacademy.org to join.
- COR Martial Arts
  - Lansdowne Hall - Fridays: drop in to register for classes or camps.
  - Ongoing registration, Ages 4- Adult (separate classes)
  - Contact: info@cormartialarts.ca 613-345-2101, Cormartialarts@gmail.com | Lansdowne – Cor Martial Arts Website
- Women's Matters: Fibre Arts drop-in Mondays
  - Lansdowne Meeting Room 10:00 am