

Township Times Publication

October to December 2026



Upcoming Municipal and School Board Election 2026

This October is the Municipal and School Board Election. Eligible electors should be receiving their Voters' Information Letter in the mail. If you do not receive one by October 16th, or if it has incorrect information, please contact Elections Staff at election@townshipleeds.on.ca.

Telephone and Internet Voting is available from October 16th at 10:00 a.m. to October 26th at 8:00 p.m. If you require assistance with internet or telephone voting, please come to our office at 1233 Prince Street, Lansdowne, during office hours or visit one of the polling locations below.

In-person voting – internet and paper ballot voting will be available at the following:

- October 22nd 10:00 a.m. to 5:00 p.m. – advanced voting at 1 Jessie Street, Lansdowne.
- October 24th, 10:00 a.m. to 5:00 p.m. – advance voting at 3306 County Rd. 32, Seeley's Bay (Fire Station #2).
- October 26th 10:00 am to 8:00 p.m. – Voting Day at 1 Jessie Street, Lansdowne **AND** 3306 County Road 32, Seeley's Bay (Fire Station #2)



VOTE!
Election
2026
Your vote shapes local decisions

Holiday Closures

The Township office and waste sites will be closed on the following dates:

- Thanksgiving – Monday, October 12, 2026
- Remembrance Day – Wednesday, November 11, 2026
- December Holidays:
 - Thursday, December 24 – Township office, closed at 12 p.m.; waste sites closed at 12:30 p.m.
 - Closed, Friday, December 25, to and including Monday, December 28, 2026
- New Year's Eve, December 31 – Township office, closed at 12 p.m.; waste sites closed at 12:30 p.m.
- Closed, New Year's Day – Friday, January 1, 2027

Township Insight

Planning and Development

Building Division Reminders

As the crisp fall air arrives in the Township of Leeds and the Thousand Islands, the Building Division reminds residents to obtain building permits for wood-fired appliances and insulation upgrades. For all outstanding permits, please schedule all mandatory inspections so active permits can be closed before winter.

Wood-Fired Appliances

- Safety first: Installing a wood stove or insert requires a building permit to verify safe clearances, hearth pads, and chimney connections under the Ontario Building Code.
- Protect your home: Completing proper inspections prevents chimney fires and ensures your insurance remains fully valid.

Insulation Upgrades

- Energy savings: Upgrading attic, wall, or basement insulation helps lower heating bills as temperatures drop.
- Permit rules: Updating major thermal envelopes or insulation requires a building permit to meet current R-value standards.

Inspections and Closing Permits

- Email us: Schedule all required intermediate and framing checks during construction.
- Final sign-off: Always request your final inspection so completed permits can be closed. Open permits may cause delays if selling your property.

If you are planning a project this season, visit the Township Building and Planning Department or email buildinginspections@townshipleeds.on.ca to book an inspection or inquire about permit requirements.



Township Insight

Planning & Development

By-law Enforcement

How to Submit a Complaint

You can submit a complaint through the Township website, [Ask a Question Report a Concern](#), which is monitored Monday to Friday from 9:00 am to 4:30 pm.



Outside of Township Business Hours

Frontenac Municipal Law Enforcement is contracted by the Township to provide By-law enforcement services outside of regular Township business hours. Please contact Frontenac Municipal Law Enforcement at 613-541-3213. This is an answering service only. Please leave specific details, including:

1. Your name;
2. The address of the property of concern; and
3. Phone number of where you can be reached.

Once we receive a complaint, Frontenac Municipal Law Enforcement or a staff member may contact the complainant if they have questions or need further clarification.

Civic Addressing

All developed properties are required to have a civic blade and post installed at their driveway to assist emergency services with locating your property. The Township can issue civic addresses to vacant land and recommends a civic address for any property being farmed or with a recreational type use. An approved entrance permit from the applicable road authority is required prior to the issuance of a civic address.

Please be proactive and check the blade and post for your property to ensure that it is not damaged and that you can clearly see it from both directions of the road or water. Remember, if you cannot see the blade, then others will not be able to see it either.

If you have not been issued a blade and post, or if your blade or post is missing or damaged, please contact the Planning Technician at planningtechnician@townshipleeds.on.ca or 613-659-2415 ext. 203. The fee for a blade is \$25, and the fee for the post is \$20.



Township Insight

From the Ground Up.....

Operations & Infrastructure Department

Summer Recap

- Russell Road rehabilitation completed
- Single and double coat surface treatments completed on Narrows Lane Rd and Kyes Rd
- Annual Slurry Seal program completed on Junetown Rd and Escott Yonge Townline Rd
- Accessible playground surface and pathways installed at Jerry Park

Looking Ahead

Township Day-Use Parks

Thanksgiving Monday signals the close of our 7 day-use parks; those with washroom facilities will be winterized and secured.

Splashpad

Weather permitting, the splash pad will remain open until Thanksgiving Monday, October 12, 2026.

Private Road Grant

Financial support is available to eligible road associations for grading, brushing and snow removal. The application deadline is October 31. Visit the Township's website [Private Roads Grant](https://www.leeds1000islands.ca/living-here/roads-and-sidewalks/private-road-grants/) page, <https://www.leeds1000islands.ca/living-here/roads-and-sidewalks/private-road-grants/>, for details.

Protecting Those Who Protect Us

Modern fires release toxic chemicals from burning plastics, synthetic materials, and electronics that cling tightly to turnout gear. Without proper containment and specialized cleaning, these cancer-causing residues travel back to the firehouse and expose first responders to chronic health risks. The building of a Clean Room at Fire Station 1 kicks off this fall.

Lansdowne Village

- Water storage facility and booster pumping station project well underway
- Phase 1 of the Sewage Treatment System and Railway Sewage Pumping Station study completed

Snowplowing and winter maintenance season is coming!

From November 1 to March 31, the Township performs daily road patrols to monitor conditions and prepare responses to winter weather. Crews use a snow clearing schedule that is based on a road priority system. Sanding/salting and plowing begin on high-use roadways and then move to residential streets.

Winter Parking By-law

From December 1 through April 1, on-street parking is not permitted from 11:00 p.m. to 7:00 a.m. Vehicles may be ticketed or towed.

Township Insight

Fire Services

Fire Prevention Week | October 4 - 10, 2026



Charge into Fire Safety Campaign | Safe Charging is a Superpower

The campaign focuses on safe charging habits and reducing the risk of lithium-ion battery fires in our homes and communities.

To support Fire Prevention Week, Leeds Fire Services will be hosting Open Houses at each station on Monday, October 5, during Hall Equipment Night. Community members are invited to visit their local station, meet firefighters, tour the trucks, and ask questions about fire safety, smoke and carbon monoxide alarms, burn permits, and other department programs.

This will also kick off the 2027 recruitment of "Paid on call" firefighters. Each station will have information regarding the upcoming recruitment.

On Saturday, October 10, Leeds Fire Services and Gananoque Fire Services will host public education events at Canadian Tire and Home Hardware locations in Lyndhurst and Gananoque from 9:00 a.m. to 12:00 p.m.

Did you know you can also book a free Fire and Life Safety Inspection by contacting our Fire Prevention Team at the Township Office by calling 613-659-2415 ext. 219 or emailing fireprevention@townshipleeds.on.ca?

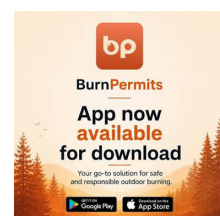
As always, keep up to date by following our social media channel, <https://www.facebook.com/Leeds1000IslandsFireServices>, or find information on the "[Fire Service](#)" page on the Township website.

Burn Permits | Renew Today

As we head into the fall of 2026, don't forget to renew your Burn Permit! Burn permits expire at the end of each calendar year and need to be renewed after January 1st of each year. Residents of the Township of Leeds and the Thousand Islands (TLTI) are required to have a permit for all open-air burning—and the good news is, permits are free for all TLTI residents.

There are 3 ways to apply or renew your permit. Visit <https://lti.burnpermits.com>, stop by or call the Township office during business hours or download the Burn Permit App on your smartphone. Once you have a permit, call 613-704-1812 or click the App on the day you wish to burn to activate it for 24 hours and check the latest burn-level conditions.

Using this system keeps you compliant with the by-law and helps our firefighters' stage and manage resources more effectively, ensuring a safer community for everyone.



Township Insight

Fire Services

What3words | A Simple Tool for Emergencies

Have you ever found yourself lost and struggled to give directions? The What3Words app can help!

This free app divides the world into 3m x 3m squares and assigns each one a unique three-word combination. If you're ever in an emergency, open the app and provide the three-word location to emergency responders.

By using What3Words, you can ensure that help finds you quickly, no matter where you are.

Download the app today: Visit www.what3words.com to learn more.



Fall Fire Safety | Clean your Chimney and Heating Appliances

As the colder months approach, many of us turn to fireplaces, woodstoves, and furnaces to keep our homes warm and comfortable. Before lighting that first fire of the season, it's essential to make sure your chimney and heating appliances are safe to use.

Why cleaning matters: Over time, smoke from wood-burning appliances leaves behind a substance called creosote. This sticky, highly flammable material can build up inside your chimney or flue. Even a small spark can ignite creosote, leading to a dangerous chimney fire that can spread rapidly through your home. Regular cleaning and inspection greatly reduce this risk.

What you should do: Schedule a professional inspection and cleaning of your chimney and flue every year. Certified chimney sweeps possess the necessary tools and expertise to identify issues that may be overlooked.

- Check your heating appliances—woodstoves, fireplaces, and furnaces—for cracks, loose fittings, or worn parts. Proper maintenance ensures safe and efficient operation.
- Practice safe ash disposal. Always place ashes in a metal container with a tight-fitting lid, and store it outside—well away from decks, garages, or anything that can burn.
- Test your smoke and carbon monoxide alarms. Heating appliances can produce deadly CO gas if not vented properly. Alarms provide your first line of defence.

The benefits: Taking these steps not only reduces your risk of fire but also helps your heating system run more efficiently—saving energy, money, and worry. A clean chimney and a well-maintained heating appliance mean peace of mind for you and safety for your family all winter long.

Local & Area Happenings

Lyndhurst & Area

Lyndhurst Santa Parade

- When: Saturday, November 21
- Time: 3 p.m.
- Location: Village of Lyndhurst
- Lyndhurst Events Activities Fairs Inc. (LEAF) are planning the annual event. Volunteers are always needed and appreciated. If you are interested in volunteering or participating in the parade, reach out to secretarylyndhurstleaf@gmail.com.

Shop and Hop

- When: Nov 20 - 29
- Have fun Shopping and Hopping. Collect stamps at participating merchants in Lansdowne, Lyndhurst, Seeley's Bay, Delta and Elgin. www.shopandhop.ca

Leeds and 1000 Islands Historical Society

Upcoming Meetings

- Date: Monday, September 21, 2026
- Time: 7:00 p.m.
- Location: Lansdowne United Church
- Details: Rev. Stephen Shay "Days Past, An Artisan's Representation"
- Date: Monday, October 19, 2026
- Time: 7:00 p.m.
- Location: Lansdowne United Church
- Details: AGM & John Ronson, photographer "Images of Leeds and 1000 Islands"
- Date: Monday, November 16, 2026
- Time: 7:00 p.m.
- Location: Lansdowne United Church
- Details: Joan Knighton (Home Children Canada) "The Almost Forgotten Children"

For more info, or to become a member, visit: lthistoricalsociety.org. Become a member.

St. Lawrence Parks

Fort Fright | Fort Henry National Historic Site

- Dates: Select evenings, Oct. 2 to Oct. 31.
- Details: Fort Fright is designed to thrill and startle.
- Tickets: www.fortfright.com

Pumpkinferno | Upper Canada Village

- Dates: Select evenings from Oct. 2 to Oct. 31
- Details: Immerse yourself in a magical world of light and artistry.
- Tickets: www.pumpkinferno.com

Alight at Night | Upper Canada Village

- Dates: Nov. 27 to Jan. 2
- Details: Experience the magic of the holiday season.
- Tickets: [Alight at Night Festival-Upper Canada Village](http://AlightatNightFestival-UpperCanadaVillage)

Community Events

Keep up to date on community events by subscribing to the [Event Calendar](#) on the Township website, or scan the QR code to subscribe.



Rockport and Area

Rockport Winter Carnival

- When: Feb 14-20
- Location: Rockport Recreation Hall
- Details: Enjoy four days of winter carnival fun, featuring games, entertainment, and something for the whole family. Bundle up, bring family and friends and make some memories. For Button purchase locations and event details, visit <https://rockportrechall.com> or Facebook.

Local Happenings

Lansdowne & Area

Lansdowne Craft Fair

- When: October 17, 2026
- Time: 9:00 a.m. to 3:00 p.m.
- Location: Lansdowne Community Hall, 1 Jessie St., Lansdowne
- Details: Many vendors, with something for everyone. Lunch is available for purchase; admission is \$3.00, children under 12 free. Sponsored by the Leeds & Thousand Islands Historical Society.

Rustic Roots Auction

When: Oct. 18-22, Nov. 22-26

Details: Watch the LAS Facebook page for updates or contact a volunteer for more information.

Halloween Spooktacular

- When: October 31, 2026
- Time: 5 p.m. – 8 p.m..
- Location: 1186 Prince St., Lansdowne Fairgrounds
- Details: Join us for a evening of Halloween fun! Hosted by the Lansdowne Agricultural Society.



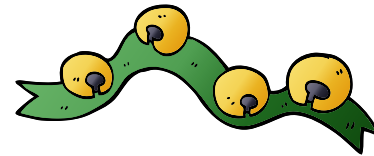
United Way Leeds & Grenville | Ultimate Burger Battle

- When: Nov. 1 – 30, 2026
- Details: Have a great signature burger at one of the participating restaurants in and around TLTI and support a great cause. For more info follow the United Ways Facebook page

Lansdowne & Area

LAS Jingle & Mingle

- When: November 15, 2026
- Time: 3 p.m. to 4 p.m.
- Location: Lansdowne Fairgrounds
- Details: Activities include pictures with Santa, Festival of Trees, Christmas Bakeshop, and the Santa Claus parade at 5:00 p.m.



Lansdowne Tree Lighting

- When: Friday, December 4, 2026
- Time: 6:30 p.m.
- Location: Lansdowne Community Centre, Corner of Jessie and Garden Street
- Children's activities will take place in the Library before the event. Presented by [LAFR](#)



Gananoque Choral Society | Christmas Concert

- When: December 6, 2026
- Time: 2 p.m.
- Location: Lansdowne United Church, 25 Miller Street
- Cost: Adults \$15, children under 14, \$5, families \$30

Thousand Island Boat Museum

The Boat Shop Café is open to the community over the winter months for lively conversation, warm connections, and great coffee on the sparkling waterfront.

When: Tuesdays, 9:00 a.m. – 12:30 p.m.

November 3, 2026 through to April 2027

Local Happenings

Leeds and the Thousand Islands Public Library

October is Canadian Library Month

A nationwide celebration which highlights the vital role libraries and library workers play in communities across the country. This year's theme is "Loud for Libraries."

Get ready for Ontario Public Library Week, October 18-24!

Join us in celebration, more details will be made available on our social media platforms and library website.



EarlyON Story Time

Returns to Lansdowne, Thursdays, 10 a.m. to 11 a.m.

Dates to make note of

November 11th, Remembrance Day:

- All branches Closed

December Holiday Hours: All Branches

- December 21-23rd: 10 a.m.-5 p.m.
- December 24th: 10 a.m.-1 p.m.
- December 25th: All branches Closed
- December 26th: All branches Closed
- December 28-30th: 10 a.m.-5 p.m.
- December 31st: 10 a.m.-1 p.m.
- January 1st: All branches Closed

Drop in anytime for:

Crafts/Activities, Search and Finds, etc. Visit our website for more programming events

<https://www.ltpl.net/upcoming-events>



Leeds and the Thousand Islands Public Library

Ongoing Programs

Adults (18+)

- Knit & Crochet
 - Wednesdays 10:00 a.m. to 12 p.m.
 - Lansdowne
- Passion Projects
 - 2nd Thursday of the month, 5:30 p.m.
 - Lansdowne

Dungeons & Dragons

- Teen Group
 - Thursdays, (Registration full)
 - 5:30 p.m. - 6:30 p.m.
 - Lansdowne
- Youth Group
 - Will be returning on Thursdays, date TBD
 - Registration required
 - Lansdowne
- Ages 9+
 - Seeley's Bay Group
 - Thursdays 4:30 p.m.
- Kids' Club
 - Moving to Wednesdays (Lansdowne branch)
 - 3:30 p.m. - 4:30 p.m.
- Lab Rats
 - 1st Thursday of the month, 5:30 p.m. (LA)
 - 3rd Wednesday of the month, 5:30 p.m. (LY)



Book Clubs: Call the specific branch for more details

Lansdowne Book Club

Gentle Readers | Lyndhurst

Seeley's Bay Book Club

Books & Beers | meets at Cornwall's Pub, Rockport

The Library staff will be participating in several upcoming community events.

- Spooktacular, October 31
- Lansdowne Santa Claus Parade, November 15
- Lyndhurst Santa Claus Parade, November 21

TLTI Recreation and Leisure Programs

There's something for everyone in and around TLTI

Register online, scan the QR code or go to

<https://tlti.ebasefm.com/programs/welcome> to log in or create an account,

or contact: recreation@townshipleeds.on.ca | 613-659-2415 ext 246



Fit & Fab Fitness Classes with Wendy | Virtual Classes Available!

- **Fit & Fab 1: 9:30 a.m. – 10:30 a.m.:** Designed for adults to improve aerobic capacity, strength, flexibility, balance and coordination.
- **Fit & Fab 2: 10:45 a.m. – 11:45 a.m.:** A standing and chair fitness class designed for older adults to improve aerobic capacity, strength, flexibility, balance and coordination.
- **When:** Mondays, Wednesdays and Fridays, October 5 to December 18.
 - No classes Thanksgiving Monday, Oct 12; virtual classes Oct 23 & 26 due to municipal elections
- **Where:** 1 Jessie St, Lansdowne Community Hall, lower level
- **What to bring:** Indoor shoes, water, an exercise mat, and an exercise ball
- **Cost:** Drop-in \$7.00 per class, \$66.00 for once a week | \$121.00 for twice a week | \$160.00 for three times a week.
- **Register:** Online or drop in to sign up for a class or the full session

All Levels Yoga with Jodi | October – December 2026

- **Description:** Yoga class, all levels welcome; this class is meant to be accessible and welcoming for all. Jodi has 20+ years of experience guiding you with modifications to ease into class.
- **Dates/Times:** Wednesdays 1:00 p.m. – 2:00 p.m., October 14 to December 16, 2026
- **Location:** Seeley's Bay Hall Upstairs – 151 Main St, Seeley's Bay; elevator on site for access
- **What to bring:** Your own mat & props; limited mats available on site
- **Cost:** Drop-in \$15.00 per class or \$100.00 for a 10-week session.
- **Register:** Online, email recreation@townshipleeds.on.ca or call 613-659-2415 ext. 246

Chair Yoga & Movement Class with Jodi | October – December 2026

- **Description:** Class combines gentle yoga movements with light exercise training to help maintain and gently improve muscle tone and joint health. It's a fun, accessible way to improve mobility and enhance balance, with the support of a chair. All levels and abilities welcome, including beginners to Yoga.
- **Dates/Times:** Wednesdays, 2:30 p.m. – 3:30 p.m., October 14 – December 16, 2026
- **Location:** Seeley's Bay Hall Upstairs – 151 Main St, Seeley's Bay
- **What to Bring:** Water, foldable chairs and limited blocks and mats provided
- **Cost:** Drop-in \$15.00 per class or \$100.00 for a 10-week Session
- **Register:** Online, email recreation@townshipleeds.on.ca or call 613-659-2415 ext. 246

TLTI Recreation and Leisure Programs

There's something for everyone in and around TLTI

Register online, scan the QR code or go to

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or contact: recreation@townshipleeds.on.ca | 613-659-2415 ext. 246



***New* Sewing with Wendy - Beginner & Refresher Classes**

- Sign up for a 6-week course or a 2-week project with Wendy, an experienced and patient seamstress who can help you learn the basics, refresh your skills or troubleshoot your projects.
- **Projects**
 - Thursday, October 8 & 15: Napkins & placemats
 - Thursday, October 22 & 29: Table runner.
 - Thursday, Nov 5 & 12: Christmas stockings.
- **Course**
 - In the 6-week course, you will learn how your sewing machine works; troubleshooting, maintenance and cleaning; what you need for tools and accessories; all about different seams and fabric choices; and patterns by doing three projects!
- **Classes:**
 - **When:** Thursdays, starting Oct 8th at 1:00-3:00 pm
 - **Where:** Lansdowne Meeting room; 1 Jessie St, Lansdowne 2nd floor
 - **Cost:** \$60 for 6 weeks or \$20 per project
- **Registration required in advance:** register online, or contact the Recreation Coordinator at recreation@townshipleeds.on.ca or 613-659-2415 ext. 246

***New* Intro to Nordic Pole Walking with Greg**

- Nordic Pole Walking is a whole-body exercise, using specially designed poles to engage your upper body as you walk. 30 Minutes of Nordic pole walking is equivalent to 55 minutes of regular walking. Burn more energy, work the arms, shoulders, back and core, improve cardiovascular fitness, strengthen legs, low-impact exercise, improve posture, balance and coordination.
- **When:** Sunday, October 18 at 1:00 p.m. - 3:00 p.m.
- **Where:** Lansdowne Meeting Room & Jerry Park | 1 Jessie St, Lansdowne-on
- **Cost:** \$10 per person (tax included)
- **Registration required in advance:** register online, or contact the Recreation Coordinator at recreation@townshipleeds.on.ca or 613-659-2415 ext. 246

Learn to play Pickleball Indoors

Looking for a fun way to stay active and connect with community members? Join us for an indoor pickleball session designed to get you moving and playing pickleball! The certified instructor brings expert coaching, paddles, balls & gear and teaches the basics of the game, scoring, and rules.

- Reach out to the Recreation Coordinator, and we can book a group session in the Fall. Youth or adult classes are possible!
- Dates & Times to be confirmed. If interested, contact the Recreation Coordinator at recreation@townshipleeds.on.ca or 613-659-2415 ext. 246

TLTI Workshop Offerings

There's something for everyone in and around TLTI

Register: online, scan the QR code or go to
<https://tlti.ebasefm.com/programs/welcome> to login or create an account,
or contact: recreation@townshipleeds.on.ca | 613-659-2415 ext. 246



Babysitting Course | Red Cross Certified Course

- **Description:** The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.
- **Age Requirements:** 11 to 15 yrs. Parents' discretion if the child is within 6 months of these ages.
- **Date/Time:** October 24, 9:30 a.m. to 2:30 p.m.
- **Location:** Seeley's Bay Community Hall - 151 Main Street, Seeley's Bay
- **Cost:** \$95 (price includes tax)
- **What to bring:** your own nut-free lunch, snacks and water
- **Registration required:** Online, or contact the Recreation Coordinator at recreation@townshipleeds.on.ca or 613-659-2415 ext. 246

Stay Safe "Home Alone" Program | Red Cross Certified Course

- **Description:** The Stay Safe program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety.
- **Age requirements:** 9 to 13 yrs. Parents' discretion if the child is within 6 months of these ages
- **Date:** November 7, 2026, 9:30 a.m. to 2:30 p.m.
- **Location:** Seeley's Bay, 151 Main St.
- **Cost:** \$80 (price includes tax)
- **What to bring:** your own nut-free lunch, snacks and water
- **Registration required:** Online, or contact the Recreation Coordinator at recreation@townshipleeds.on.ca or 613-659-2415 ext. 246

Lunch N Learn Workshop Series "Feed Your Mind"

With funding from the Ontario Government, the Township is able to provide a series of free workshops for older adults. The Lunch N Learns will be held throughout the Township on the third Tuesday of each month, except in December, from September 2026 to March 2027. Each workshop features practical information, engaging speakers, and an opportunity to connect with others and enjoy a free light lunch. Transportation is available. Look for more event details on our website, <https://www.leeds1000islands.ca/recreation-culture/recreation-sports-and-leisure-programs/> or scan the code below



TLTI Workshop Offerings



Township of
Leeds and the
Thousand Islands

Lunch N Learn Workshop Series “Feed Your Mind”

Join us for a series of free workshops designed for older adults. Each session features practical information, engaging speakers, an opportunity to connect with others and enjoy a light lunch. Transportation is available.

- Tuesday, September 15, 11 a.m. – 1 p.m.,
 - 151 Main St., Seeley’s Bay, Seeley’s Bay Community Hall
 - **Scam Prevention**
- Tuesday, October 20, 11 a.m. – 1 p.m.
 - 306 Lyndhurst Rd., Legion, Lyndhurst
 - **Fire Safety/Emergency Preparedness**
- Tuesday, November 17, 11 a.m. – 4 p.m.
 - 151 Main St., Seeley’s Bay, Community Hall
 - **Older Adult Active Living Expo**
- Tuesday, January 19, 11 a.m. – 1 p.m.,
 - 1 Jessie St., Lansdowne, Lansdowne Meeting Room
 - **Should I Stay or Should I Go? – Aging in Place**
- Tuesday, February 16, 11 a.m. – 1 p.m.,
 - 1 Jessie St., Lansdowne, Lansdowne Meeting Room
 - **Healthy Eating on a Budget**
- Tuesday, March 16, 11 a.m. – 1 p.m.
 - 306 Lyndhurst Rd., Lyndhurst, Lyndhurst Legion
 - **Estate Planning/In-Home Services**



Registration is required for all events

Register online, <https://forms.leeds1000islands.ca/Event-Registration/Lunch-N-Learn-Workshop-Series-2026>
or call 613-659-2415 ext. 207



Transportation is available. Registration is required.



- Pick up/drop off locations:
 - 1 Jessie Street, Lansdowne, Lansdowne Community Building
 - 151 Main Street, Seeley’s Bay, Seeley’s Bay Community Hall
 - 426 Lyndhurst Rd, Lyndhurst, Lyndhurst Library
 - 8 Front Street, Rockport, St. Brendan’s Church
- Accessible transportation can be coordinated through Senior Support Services, Brockville, 1-800-465-7646

Funded by the Government of Ontario



Community Program Offerings

There's something for everyone in and around TLTI

COR Martial Arts | Lansdowne beginning September 2026

- **Description:** Offering sport kick boxing & self defense programs for Kids & Adults. Whether you're just starting out or you've been training for years, we are inclusive and welcoming of all experience and fitness levels.
- **Dates/Times:** Fridays, based on age: 4:30 p.m. to 5:20 p.m. for ages 4-7; 5:30 p.m. to 6:20 p.m. for ages 8-12; 6:30 p.m. to 7:30 p.m. for ages 13 and up. Ongoing registration for all classes.
- **Location:** Lansdowne Community Hall, Lower Room – 1 Jessie St.
- **Register:** Contact info@cormartialarts.ca | 613-345-2101 | <https://cormartialarts.ca/>

Girls Inc. Sporting Chance in Partnership with TLTI and Canadian Tire Jumpstart

- Girls Inc. is so excited to bring the next level of our Intro to Sports program to Lansdowne this fall for girls aged 6-9 in partnership with Jumpstart and the Township of Leeds & the Thousand Islands!
- **When:** Thursdays 6:00 p.m. – 7:30 p.m.
Started September 24th, 10-week Program (late registrations still able to join)
- **Where:** Lansdowne Community Building
- **Cost:** \$100 – as always, full and partial subsidies are available upon request.
- Head to the **Parent Portal** (<https://parents.c360.org/login?org=girlsinc-uppercanada.org>) for more information and to register!
- **More Information:** Contact us at **613-345-3295** or admin@girlsinc-uppercanada.org



Leaders in Motion: Move, Play & Lead! BGC Southeast in partnership with TLTI | Seeley's Bay

- Get moving, have fun, make new friends, and discover your inner leader! This fun, active evening program helps kids ages 8-12 build confidence, teamwork, resilience, and leadership skills—all while playing games, trying new activities, and having a great time.
- Each week, kids will jump into a mix of sports, active games, challenges, and team activities, along with fun conversations and activities that help them learn to handle big feelings, solve problems, communicate, set goals, and be a great teammate.
- **Dates:** Tuesday evenings, starting
- **Session:** October 6 – November 10
- **Times:** 6:30 p.m. – 7:30 p.m.
- **Ages:** 8-12 yrs
- **Where:** Seeley's Bay Hall, 151 Main St, Seeley's Bay – Upstairs
- **Cost:** \$80.00 plus tax
- **Register or for more info,** contact Meagan at Meaganb@bgcsoutheast.ca or 613-453-1728

Urban Pole Walking Group – Senior Support Services (CPHC) – Various Locations

- **Description:** Learn to Pole walk. Enjoy the outdoors. Improve strength, balance and posture.
- **Where:** various locations – please register
- **Register:** Kim Ducharme to register or for more info: 613-342-3693 ext 2303 (Must pre-register) with a supportive group, Sunday Bootcamp will leave you feeling strong and accomplished.

Community Offerings

There's something for everyone in and around TLTI

Off the Glass Basketball

The Jr. NBA/Jr. WNBA Youth Basketball is a national youth basketball program designed to develop fundamental skills, sportsmanship, and a love for the game of basketball

Where: T.I.E.S (Thousand Island Elementary School). 101 Kings ST East. Lansdowne, ON.

Start Date: Sept 22, 2026

ROOKIES: 4 to 6 yrs. Time: 6 p.m. to 7 p.m.

STARTERS: 7 to 10 yrs. Time: 7 p.m. to 8 p.m.

All -Stars: 11 to 13 yrs. Time: 7 p.m. to 8 p.m.

Saturdays in Gananoque too! More info: contact Anthony info@tibl3x3.com or go to <https://tibs1.com/>

Kingston Fencing Club - Lansdowne

The club will resume teaching the art and sport of fencing this October. Head Coach Henk Pardoel, with over 45 years of experience, and Assistant Head Coach Robyn Elliot, a former nationally ranked women's sabre fencer, will lead instruction. Must register to attend.

Dates: Wednesdays, starting October 7th

Times: 6.00 p.m. to 7.30 p.m.

Where: Lansdowne Community Hall, 1 Jessie St., first floor

Ages: Youth - Adults accepted & taught according to skill level

What to bring: Water; wear long track pants & comfy runners. All fencing equipment will be provided to start with, depending on size availability.

More information: follow our Facebook page <https://www.facebook.com/KingstonFencingClub/> or text Coach Henk at 613-331-4981 or by e-mail at Henry.Pardoel@gmail.com

Youth Dances Gananoque

Youth dances are coming back!!! It's Time for this generation to have something social and fun to do on Fridays!

When: Third Friday of the month at 7:30 p.m. -9:30 pm

Where: Grace United Church

Ages: 14 and under

Follow Gananoque Youth Dances on Facebook for upcoming dates and Themes

Slow Flow Yoga with Kim

This all-levels class welcomes everyone to take a mindful moment, improve flexibility, reduce stress and build strength in a supportive space.

Dates: Every Sunday, from October 4 to November 29. No class on October 11th Thanksgiving weekend

Time: 9:30 a.m. - 10:30 a.m.

Where: Lansdowne Community Hall, meeting room (second floor), 1 Jessie St, Lansdowne

Cost: \$17 drop-in or \$100 for an 8-week session

Register or for more info: Email: kimorih@hotmail.com Instagram: @kimsallgoodyoga

Community Offerings

There's something for everyone in and around TLTI

Canadian Tai Chi Academy | Lansdowne

- Description: Tai Chi is a gentle, complete whole-body exercise that can help improve one's health and well-being.
- Dates/Times: Beginner Level Classes: Tuesdays - 10:30 to 11:30 am.
- Dates/Times: Continuing Level Classes: Tuesdays - 9:15 to 10:30 am.
- Practice only: Thursdays - 9:30 to 10:30 am.
- Location: Lansdowne Hall, Lower Room - 1 Jessie St.
- Contact lansdowne@canadiantaichiacademy.org to join.

Women Matters | Creativity, Empowerment, Support & Laughter Through Fibre Arts

- Description: Anyone who is interested in exploring a variety of fibre arts such as rug hooking and punching, embroidery, knitting and crochet among others, is invited to join our weekly drop-in gatherings. There is no prerequisite level of accomplishment necessary, and the social interaction is as stimulating as the exchange of creative ideas and the sharing of new techniques.
- Dates/Times: Mondays, from 10:00 am - 1:00 pm
- Location: Lansdowne Community Hall, Upper Meeting Room, 1 Jessie St.

Word Search

Theme Words:

- LEEDS
- THOUSAND
- ISLANDS
- ANNIVERSARY
- CELEBRATION
- COMMUNITY
- HERITAGE
- WATERFRONT
- HISTORY
- FESTIVAL
- FRIENDSHIP
- CANADA
- RIVER
- PARKS
- NATURE

LEEDSCELEBRAT
HISTORYNATURE
COMMUNITYFRIEN
UANNIVERSARYS
STHOUSANDISLA
ATERFRONTCANA
NERIVERPARKST
DEHERITAGELEEI
SLANDSCOMMUN
SCELEBRATIONH
LFESTIVALNATUA
NNIVERSARYRIN
ATUREHISTORYD
COMMUNITYPAR
SLEEDSTHOUSAN

How to Play:

Find all the words hidden forwards, backwards, diagonally, and vertically.