

October 2026 Spruce Court Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	Spruce Court Recreation Therapist is Krystal Warman	October 1 9:00 Calendar visits 10:00 Gentle therapy 1:30 Table Games	October 2 10:00 Sing a long 1:30 Bumper ball	October 3 Happy Birthday Diana
October 4	October 5 10:00 Bingo 10:00 Gentle Therapy 2:00 Trivia	October 6 9:30 Crafts 1:00 Physical Games 2:00 Trivia	October 7 9:00 Pierogi Making 2:00 Music	October 8 9:30 Residents Council 9:30 Colouring 1:30 Table games	October 9 9:30 Sing a long 2:00 Thankful social	October 10
October 11	October 12 Happy Thanksgiving	October 13 10:00 Bingo 10:00 Gentle Therapy 1:00 Games 2:00 trivia	October 14 10:00 Treat Bags 1:30 Bumper ball	October 15 9:30 You Tube Videos 10:30 Mass 2:00 Choir	October 16 9:30 Baking 1:30 Birthday Party	October 17
October 18	October 19 10:00 Bingo 10 Gentle therapy 2:00 Music	October 20 9:30 pumpkins 1:00 Games 2:00 Trivia Happy Birthday Elaine!	October 21 10:00 Prep 12:00 Luncheon 2:30 Walks Happy Birthday Pat G!	October 22 1:15 Country Drive 6:00 Sing a Long	October 23 9:00 to 11:00 cafe	October 24 8:00 Breakfast 10:30 Snoezelen 1:30 Name that tune
October 25 10:00 Hymn Sing 1:30 Games with Hericanes	October 26 10:00 Bingo Pumpkin voting October 26 th to October 30 th	October 27 1:00 physical games 2:00 travelogue 6:00 Halloween Trivia	October 28 10:00 Postcards of the past 1:30 Halloween social	October 29 9:30 Colouring club 2:00 Music with Terry	October 30 9:30 Name 10 1:15 Country Drive	October 31 Happy Halloween Happy Birthday Paula

