November 2026 Spruce Court Activities with Krystal and Alex

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 1	November 2 10:00 Bingo 1:30 Sing a long	November 3 10:00 Gentle Therapy 1:00 Games 2:00 Music	November 4 930: Sing along 1:30 Travelogue	November 5 10:00 Yarn Ninjas 1:30 Table games	November 6 930 Gentle Therapy 11 Spiritual 1:30 Social	November 7
November 8	November 9 10:00 Bumper Ball 10:00 Bingo 1:30 Sing along	November 10 10:00 Coffee 1:00 Games 2:00 United Church	November 11 10:30 Remembrance Day Service 1:30 Trivia	November 12 9:30 Table Games 1:15 Country Drive with Maple Crescent	November 13 9:30 Craft with Alex	November 14
November 15	November 16 10:00 Family Feud with Poplar Heights 10:00 Bingo 2:00 Choir	November 17 9:30 Gentle Therapy 1:00 Games 2:00 Sing a long	November 18 9:00 Uno 2:00 Music with Terry Carter Spruce Court	November 19 10:30 Roman Catholic Mass 1:00 Christmas Decorating 5:00 Supper	November 20	November 21 8:00 Breakfast Club 10:30 Snoezelen 1:30 Name that Tune
November 22 10:00 Hymn Sing 1:30 Name ten	November 23 10:00 Bingo with Alex	November 24 1:00 Physical Games 2 Trivia 6:00 Karaoke with Chestnut Hill	November 25 9:00 Christmas Decorating in Great Room 1:30 Yahtzee	November 26 9am Meal Prep 12:00 Luncheon with Poplar Heights	November 27 9:00-11:00 Café 1:30 Sing along	November 28 10:30 You be the Judge with Alex 2:00 Card Games with Alex
November 29 10:00 Hymn Sing 1:30 Riddles	November 30 10:00 Bingo 1:15 Country Drive		Programs are subject to change.	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	Spruce Court Recreation Therapist is Krystal Warman