

September 2026 Poplar Heights Activities with Lynsey and Pamela

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change.	Exercise calendars are posted in the Resident home area.	September 1 9:00 Calendar Visits 2:00 Name 10 Things 2:00 Yarn Ninjas	September 2 9:00 to 11:00 Norview Café 2:00 Comedy Club 6:15 Campfire	September 3 10:00 Travelogue 2:00 Sing-a-Long	September 4 10:00 Painting 2:00 Piano Gather	September 5
September 6	September 7 1:30 Bingo	September 8	September 9 2:00 Music with Terry Carter	September 10 2:00 Norview Choir Performance	September 11	September 12 8:00 Breakfast 10:30 Crokinole 1:30 Bell Choir
September 13 10:00 Hymn Sing 10:00 2:00 Euchre	September 14 10:00 Craft 2:00 Bingo	September 15 10:00 Social 1:15 Bowling Alley Bus Trip	September 16 9:15 Sing-a-Long	September 17 10:00 Art 10:30 Catholic Mass 2:00 Word Games	September 18 1:30 Country Drive	September 19
September 20	September 21 10:00 Library Program 2:00 Bingo	September 22 10:00 Craft 2:00 Music with Wally	September 23 10:00 History with Angela 1:30 Farm Animals	September 24 10:00 Sing-a-Long 1:30 Games Day	September 24 10:00 Reading Group 2:00 Birthday Social	September 26
September 27	September 28 10:00 Table Hockey 2:00 Bingo	September 29 2:00 Baptist Church	September 30 10:00 Axe Throwing 2:00 Uno 2:00 Bible Study		One to One visit happens when Recreation is present.	Poplar Heights Recreation Therapist is Lynsey Sendrowski