

October 2026 Norfolk Pinery Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Recreation Therapist is Pamela Tasane	1 October	October 2 9:30 Snake and Ladders 11:00 Tuck Cart 2:00 Bumper Ball	October 3
October 4	October 5 2:00 Bingo 5:00 Supper Program	October 6 10:00 Bible Study 10:00 Table Games 2:00 Word Games	October 7 10:00 Country Drive 2:00 Music with Sharla and Brian	October 8 9:30 Resident Council 10:00 Colouring	October 9	October 10 8:00 Breakfast Program 10:30 Word Games 1:30 Bowling
October 11 10:00 Hymn Sing 10:00 Discussion Group 1:30 Euchre	October 12	October 13 10:00 Bell Choir 2:00 United Church	October 14 10:00 Yarn Ninjas 2:00 Bingo	October 15 10:00 Sing a long 10:30 Roman Catholic Mass 2:00 Choir Practice	October 16 9:30 Pumpkin Craft 11:00 Tuck Cart 2:00 Memory Matching Game	October 17
October 18	October 19 10:00 Pumpkin Decorating 2:00 Bingo	October 20 10:00 Bumper Ball 2:00 Bowling Alley Bus Trip	October 21 10:00 Pumpkin Decorating 2:00 Word Games	October 22 2:00 Hymn Sing	October 23 9:00 Norview Café 11:00 Tuck Cart 2:00 Music by Debi Gregan	October 24
October 25	October 26 10:00 Country Drive 2:00 Bingo	October 27 2:00 Baptist Church	October 28 10:00 Postcards of the Past 1:30 Bell Choir 6:00 Movie Night	October 29 10:00 Art Poppies 2:00 Sing a long	October 30 9:30 Snoezelen Sessions 11:00 Tuck Cart 2:00 Ladder ball	October 31