

September 2026 Chestnut Hill Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		September 1 10:00 gentle therapy 1:00 physical games 2:00 Birthday social	September 2 9:00 to 11:00 Café 1:30 Table Games	September 3	September 4 10:00 Art 1:30 Music	September 5 8:00 Breakfast Club
September 6	September 7 Labour Day	September 8 10:00 Bingo 1:00 Physical Games 2:00 Travelogue	September 9 2:00 Music with Terry	September 10 2:00 Norview Choir Performance	September 11 9:30 Sing a long 1:30 Whitehorse Bowling	September 12
September 13	September 14 10:00 Bingo 1:30 Art Afternoon	September 15 9:30 Baking 1:00 Physical Games 2:00 Trivia	September 16 10:00 walks and talks	September 17 9:30 Gentle Therapy 10:30 Mass 1:30 Name that Tune	September 18 10:00 Painting 1:15 Country Drive with Poplar Heights	September 19
September 20	September 21 9:30 Gentle Therapy 1:30 Whole Home Bingo	September 22 1:00 Physical Games 2:00 Music with Wally 6:00 Trivia with Alex	September 23 10:00 History with Angela 1:30 Petting Zoo Happy Birthday Larry!	September 24 10:00 Yahtzee 1:30 Games Afternoon	September 25	September 26 10:30 Snoezelen 1:30 Apple Cider Donuts
September 27 10:00 Hymn Sing 2:00 Bingo	September 28	September 29	September 30	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	Spruce Court Recreation Therapist is Krystal Warman