

September 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Thorndale Community Centre Closed Pickleball (G) 7:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Volleyball (G) 2:30pm	2 Foot Care Clinic Pickleball (G) 7:00am No Strength & Tone (T) Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am No Strength & Tone (CH) Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Bid Euchre (AC) 7:00pm	3 Pickleball (G) 7:00am Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	4 Pickleball (G) 7:00am Strength & Tone (T) 8:45am No Yoga in Thorndale Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm
	7 Centre Closed Labour Day	8 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am M&M (CH) 10:30am Pickleball (G) 12:00pm Euchre (T) 1:00pm Volleyball (G) 2:30pm	9 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Bid Euchre (AC) 7:00pm	10 Pickleball (G) 7:00am Line Dancing (LD) 8:30am Create & Explore (CA) All Day Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm Craft Afternoon (T) 2:00pm
14 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Tai Chi (AC) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Pet Portrait Class (T) 2:00pm Pickleball (T) 1:00pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm	15 Pickleball (G) 7:00am Bike Riding Club (T) 9:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Mindfulness Class (T) 11:15am M&M (CH) 10:30am Gentle Yoga (LD) 11:00am Pickleball (G) 12:00pm Euchre (T) 1:00pm Book Club (T) 1:00pm Movie Afternoon (LD) 2:00pm Volleyball (G) 2:30pm	16 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Bid Euchre (AC) 7:00pm	17 Soup Social Pickleball (G) 7:00am Line Dancing (LD) 8:30am Create & Explore (CA) All Day Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	18 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm Movie Afternoon (T) 1:00pm
21 Thorndale Community Centre Closed Pickleball (G) 7:00am Tai Chi (AC) 9:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm Book Club (CA) 2:00pm	22 Thorndale Community Centre Closed Pickleball (G) 7:00am Gentle Pilates (LD) 9:30am M&M (CH) 10:30am Gentle Yoga (LD) 11:00am Pickleball (G) 12:00pm Painting Afternoon (CA) 12:00pm Volleyball (G) 2:30pm	23 Thorndale Community Centre Closed Pickleball (G) 7:00am Mahjong (LD) 9:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	24 Thorndale Community Centre Closed Pickleball (G) 7:00am Line Dancing (LD) 8:30am Create & Explore (CA) All Day Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	25 Thorndale Community Centre Closed Funny Girl Bus Trip 8:00am Pickleball (G) 7:00am Watercolours (CA) 9:00am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm
28 Thorndale Community Centre Closed Pickleball (G) 7:00am Tai Chi (AC) 9:00am Knotted Felting (CA) 10:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm	29 Thorndale Community Centre Closed Pickleball (G) 7:00am Gentle Pilates (LD) 9:30am M&M (CH) 10:30am Gentle Yoga (LD) 11:00am Pickleball (G) 12:00pm Volleyball (G) 2:30pm	30 Centre Closed National Day for Truth and Reconciliation	Program Legend (P) – WOW: Phone (G) – Arena Gym (T) – Thorndale Lions Community Centre (W) – Walking Track (LD) – Lions Den (AC) – Activity Centre (CA) – Creative Art Studio (CH) – Lions Community Hall (K) – Kitchen	

October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Program Legend (P) – WOW: Over the Phone (G) – Arena Gym (T) – Thorndale Lions Community Centre (W) – Walking Track (LD) – Lions Den (AC) – Activity Centre (CA) - Creative Art Studio (CH) – Lions Community Hall (K) - Kitchen			1 Pickleball (G) 7:00am Line Dancing (LD) 8:30am Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	2 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Watercolours (CA) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm
5 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Colours Pencil 9am – 4pm Tai Chi (AC) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Pickleball (T) 1:00pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm	6 Pickleball (G) 7:00am Bike Riding Club (T) 9:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Dance Fit (CH) 10:30am Gentle Yoga (LD) 11:00am Mindfulness Class (T) 11:15am Pickleball (G) 12:00pm Painting Afternoon (CA) 12:00pm Euchre (T) 1:00pm Volleyball (G) 2:30pm	7 Foot Care Clinic Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Figure Drawing (T) 2:00pm Bid Euchre (AC) 7:00pm	8 Pickleball (G) 7:00am Line Dancing (LD) 8:30am Create & Explore (CA) All Day Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Paint Afternoon (T) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	9 Thanksgiving Hot Meal Pickleball (G) 7:00am Strength & Tone (T) 8:45am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm
12 Centre Closed Thanksgiving Day	13 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Dance Fit (CH) 10:30am Gentle Yoga (LD) 11:00am Pickleball (G) 12:00pm Kurling (LD) 1:00pm Euchre (T) 1:00pm Book Club (T) 1:00pm Movie Afternoon (LD) 2:00pm Volleyball (G) 2:30pm	14 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Figure Drawing (T) 2:00pm Bid Euchre (AC) 7:00pm	15 Pickleball (G) 7:00am Line Create & Explore (CA) All Day Dancing (LD) 8:30am Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	16 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm
19 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Tai Chi (AC) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Pickleball (T) 1:00pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm	20 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Knotted Felting (CA) 10:00am Dance Fit (CH) 10:30am Gentle Yoga (LD) 11:00am Pickleball (G) 12:00pm Painting Afternoon (CA) 12:00pm Kurling (LD) 1:00pm Euchre (T) 1:00pm Volleyball (G) 2:30pm	21 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Figure Drawing (T) 2:00pm Bid Euchre (AC) 7:00pm	22 Soup Social Pickleball (G) 7:00am Line Dancing (LD) 8:30am Create & Explore (CA) All Day Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	23 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Acrylic (CA) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm
26 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Tai Chi (AC) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Strength & Tone (CH) 10:30am Chair Yoga (AC) 11:15am Quilting (AC) 12:30pm Pickleball (T) 1:00pm Shuffleboard (LD) 1:00pm Pitch Card Game 1:00pm Carpet Bowling (CH) 1:00pm Book Club (CA) 2:00pm	27 Pickleball (G) 7:00am Bike Riding Club (T) 9:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Dance Fit (CH) 10:30am Gentle Yoga (LD) 11:00am Mindfulness Class (T) 11:15am Pickleball (G) 12:00pm Kurling (LD) 1:00pm Euchre (T) 1:00pm Crafting Afternoon (CA) 2:00pm Movie Afternoon (T) 2:00pm Volleyball (G) 2:30pm	28 Fall Colours Bus Trip Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Shuffleboard (LD) 1:00pm Canasta (AC) 1:00pm Pickleball (T) 1:00pm Figure Drawing (T) 2:00pm Bid Euchre (AC) 7:00pm	29 Pickleball (G) 7:00am Line Dancing (LD) 8:30am Gentle Pilates (LD) 10:30am Stepping It Up (CH) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Gentle Pilates (T) 1:15pm Bridge (CH) 1:00pm	30 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Acrylic (CA) 9:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Tai Chi (T) 10:30am Indoor Kite 10:30am Flying (G) Mahjong (LD) 12:00pm Choir (AC) 1:00pm Pickleball (T) 1:00pm Poker (T) 1:00pm

