# November 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Magic Yarn(LD) 9:00am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm | 3<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Volleyball (G) 2:30pm | 4 **Foot Care Clinic**<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) & Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Bid Euchre (AC) 7:00pm | 5<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Badminton(G) 2:30pm<br>Tech Class (T) 7:00pm | 6 **Winterfest Hot Meal**<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 9<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Magic Yarn(LD) 9:00am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm | 10<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Book Club (T) 1:00pm<br>Movie Afternoon(LD)2:00pm<br>Volleyball (G) 2:30pm | 11<br>**Centre Closed Remembrance Day**<br> | 12<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Movie Afternoon(T)2:00pm<br>Badminton(G) 2:30pm<br>Tech Class (T) 7:00pm | 13<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 16<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Bread Making (LD)10:30am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm | 17<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>Bread Making (T) 10:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Card Making (CA) 1:00pm<br>Volleyball (G) 2:30pm | 18<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) & Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Winter Porch Pot(CA)2:00pm<br>Bid Euchre (AC) 7:00pm | 19 **Soup Social**<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Badminton(G) 2:30pm<br>Tech Class (T) 7:00pm | 20 **Starbright Bus Trip**<br>Pickleball (G) 7:00am<br>**No Strength & Tone Class(T)**<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>**No Strength & Tone Class(CH)**<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 23<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm | 24<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>Felting Workshop(CA)10:00am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Volleyball (G) 2:30pm | 25<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) & Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Bid Euchre (AC) 7:00pm | 26<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Crafting Afternoon(T)2:00pm<br>Badminton(G) 2:30pm<br>Tech Class (T) 7:00pm | 27<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 30<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm<br>Book Club (CA) 2:00pm | **Lions Active Living Centre Christmas Bazaar**<br>**Saturday, November 14th**<br>**9:00 a.m. – 1:00 p.m.**<br> | | | |

**Program Legend**

(P) – WOW: Phone
(G) – Arena Gym
(T) – Thorndale Lions Community Centre
(W) – Walking Track
(LD) – Lions Den
(AC) – Activity Centre
(CA) - Creative Art Studio
(CH) – Lions Community Hall
(K) - Kitchen

# December 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
|  | 1<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Volleyball (G) 2:30pm | 2 **Foot Care Clinic**<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) &<br>Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Bid Euchre (AC) 7:00pm | 3<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Movie Afternoon(T) 2:00pm<br>Badminton(G) 2:30pm<br>Tech Class (T) 7:00pm | 4 **Christmas Hot Meal**<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 7<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Cupcake Decorating (LD) 9:00am<br>Coloured Pencil Crayon Workshop(CA)9:00am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm | 8<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Book Club (T) 1:00pm<br>Movie Afternoon(LD)2:00pm<br>Volleyball (G) 2:30pm | 9<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) &<br>Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Guest Speaker(LD) 2:00pm<br>Bid Euchre (AC) 7:00pm | 10<br>Pickleball (G) 7:00am<br>Line Dancing(LD) 8:30am<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Painting Afternoon(T)12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Badminton(G) 2:30pm | 11<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 14<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm | 15<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Painting Afternoon(CA)12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Volleyball (G) 2:30pm | 16<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) &<br>Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Bid Euchre (AC) 7:00pm | 17 **Soup Social**<br>Pickleball (G) 7:00am<br>**No Line Dancing (LD)**<br>Gentle Pilates(LD)10:30am<br>Step It Up (CH) 10:30am<br>Chair Yoga (AC) 11:15am<br>Pickleball (G) 12:00pm<br>Kurling (T) 1:00pm<br>Shuffleboard (T) 1:00pm<br>433 Euchre (AC) 1:00pm<br>Gentle Pilates (T) 1:15pm<br>Bridge (CH) 1:00pm<br>Badminton(G) 2:30pm | 18<br>Pickleball (G) 7:00am<br>Strength & Tone (T)8:45am<br>Watercolours (CA) 9:00am<br>Chair Yoga(T) 9:00am<br>Gentle Yoga(T) 10:00am<br>Tai Chi (T) 10:30am<br>Indoor Kite Flying (G) 10:30am<br>Strength & Tone(CH)10:30am<br>Mahjong (LD) 12:00pm<br>Choir (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Poker (T) 1:00pm |
| 21<br>Pickleball (G) 7:00am<br>Strength & Tone(T) 8:45am<br>Tai Chi (AC) 9:00am<br>Chair Yoga (T) 9:00am<br>Gentle Yoga (T) 10:00am<br>Strength & Tone (CH) 10:30am<br>No Chair Yoga (AC)<br>Quilting (AC) 12:30pm<br>Pickleball (T) 1:00pm<br>Shuffleboard (LD) 1:00pm<br>Pitch Card Game 1:00pm<br>Carpet Bowling(CH) 1:00pm<br>Book Club (CA) 2:00pm | 22<br>Pickleball (G) 7:00am<br>Pole Walking (T) 9:00am<br>Gentle Pilates (LD) 9:30am<br>M&M (CH) 10:30am<br>Gentle Yoga (LD) 11:00am<br>Pickleball (G) 12:00pm<br>Kurling (LD) 1:00pm<br>Euchre (T) 1:00pm<br>Volleyball (G) 2:30pm | 23<br>Pickleball (G) 7:00am<br>Strength & Tone (T) 8:45am<br>Mahjong (LD) 9:00am<br>Men's Coffee Hour (T) &<br>Women's Coffee 10:00am<br>Strength & Tone (CH) 10:30am<br>Shuffleboard (LD) 1:00pm<br>Canasta (AC) 1:00pm<br>Pickleball (T) 1:00pm<br>Bid Euchre (AC) 7:00pm | 24<br>**Centre Closed for Christmas Eve**<br> | 25<br>**Centre Closed for Christmas Day**<br> |
| 28<br>**Centre Closed for Christmas** | 29<br>**Centre Closed for Christmas**<br> | 30<br>**Centre Closed for Christmas** | 31<br>**Centre Closed for Christmas** | **Program Legend**<br>(P) – WOW: Over the Phone<br>(G) – Arena Gym<br>(T) – Thorndale Lion Community Centre<br>(W) – Walking Track<br>(LD) – Lions Den<br>(AC) – Activity Centre<br>(CA) - Creative Art Studio<br>(CH) – Lions Community Hall<br>(K) - Kitchen |