



Aquatics Centre Schedule

September 8 - December 20, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lanes 8:45 - 10:00 am	Aquafit 8:45 - 9:30 am	Aquafit 8:45 - 9:30 am	Aquafit 8:45 - 9:30 am	Aquafit 8:45 - 9:30 am	Aquafit 8:45 - 9:30 am	
Swim Lessons 9:00 am - 12:30 pm	Aquafit 9:45 - 10:30 am	Aquafit 9:45 - 10:30 am	Aquafit 9:45 - 10:30 am	Aquafit 9:45 - 10:30 am	Aquafit 9:45 - 10:30 am	Swim Lessons 9:00 am - 12:00 pm
Open Swim 1:00 - 2:45 pm	Open Swim 10:45 - 11:30 am	Water Walking 10:45 - 11:30 am	Open Swim 10:45 - 11:30 am	Water Walking 10:45 - 11:30 am	Open Swim 10:45 - 11:30 am	Open Swim 1:00 - 2:45 pm
Pool Rentals 3:00 - 4:00 pm	Lanes 11:45 am - 1:00 pm	Lanes 11:45 am - 1:00 pm	Lanes 11:45 am - 1:00 pm	Lanes 11:45 am - 1:00 pm	Lanes 11:45 am - 1:00 pm	Pool Rentals 3:00 - 4:00 pm
Pool Rentals 4:15 - 5:15 pm	Swim Lessons 4:15 - 7:00 pm	Adult Swim Lessons & Adult Leisure Swim 2:00 - 3:00 pm	EarlyON Play & Swim 2:00 - 2:45 pm	Adult Swim Lessons & Adult Leisure Swim 2:00 - 3:00 pm	Parent & Tot Lesson 2:00 - 2:30 pm	Pool Rentals 4:15 - 5:15 pm
	Middlesex 6:00 - 7:00 pm	Swim Lessons 4:15 - 7:00 pm	Swim Lessons 4:15 - 7:00 pm	Swim Lessons 4:15 - 7:00 pm	Swim Lessons 4:15 - 7:00 pm	
	Aquafit 7:00 - 7:45 pm	Aquafit 7:00 - 7:45 pm	Aquafit 7:00 - 7:45 pm	Aquafit 7:00 - 7:45 pm	Middlesex 5:30 - 7:30 pm	
	Lanes 8:00 - 9:00 pm	Lanes 8:00 - 9:00 pm	Lanes 8:00 - 9:00 pm	Lanes 8:00 - 9:00 pm		

The Aquatic Centre is closed:

- Monday, September 7
- Monday, October 12

Fall Program Registration

(Aquafit, Open Swim, Rentals, Lane Swims)

- Wednesday, September 2, 9:00 am

PA Day Open Swim:

- Friday, November 6, 1:45 - 3:30 pm

Notes:

- Evening aquafit, evening lanes & swimming lessons start the week of Monday September 14
- EarlyON Play & Swim begins Wednesday, September 23 sign up with your KeyON account

Fall Swim Lesson Registration

- Monday, August 30, 9:00 am (residents)
- Tuesday, September 1, 9:00 am (non-residents)



Aquatics Centre Schedule

2026 Rates (includes HST)

Single Admission:

Child/Youth (13-18)	\$4.40
Adult (19-64)	\$6.15
Older Adult (65+)	\$5.90



2026 Admission rates (includes HST)

Number of passes	Child/youth (3 - 18 yrs)	Adult (19 - 64 yrs)	Older adult (65+ yrs)
15 passes	\$59.34	\$82.99	\$79.63
30 passes	\$116.05	\$162.29	\$155.73
60 passes	\$226.81	\$317.19	\$304.37

Swim test:

1. Swim a minimum of 20 metres from shallow to deep water
2. Tread water for one minute
3. Jump into deep water and float on back for 10 seconds



Admission policy

6 years and under: Must be directly supervised by a parent/guardian (13+) who is in the water and able to provide immediate assistance. 2 children to 1 parent/guardian. Remain in the shallow end.

7 - 10 years: (unsuccessful swim test) Must be directly supervised by a parent/guardian (13+) who is in the water and able to provide immediate assistance. 2 children to 1 parent/guardian without lifejackets, 8 children to 1 parent/guardian with lifejackets. Remain in the shallow end.

7 - 10 years: (successful swim test) Must be supervised by a parent/guardian (13+) within the pool area. Swimming with a buddy is recommended.

11+ years: Must identify self as a swimmer/non swimmer upon entry, non-swimmers must remain in the shallow end, lifejackets are recommended. Swimming with a buddy is recommended.

